

Step 1: To Participate.
(Full-time employees only)

Download the HealthJoy App

Click "sign up" and enter the email address tied to your employee benefits
Activate via the link sent to your email or text



Login on the Wellworks portal

www.wellworksforyoulogin.com

*First time logging on?
You are already registered! Use the **LOGIN** option.*

Username: SCHU_First Name Initial, Last Name + Date of Birth (no spaces, dashes)

Example, Dwayne "The Rock" Johnson:
SCHU_djohnson05121972

Temporary password: Date of Birth in MMDDYYYY format (including leading zeros)

Example, Dwayne "The Rock" Johnson: 05121972



BE WELL. BE YOU. BE THERE.

powered by



Step 2: Be YOU. Earn rewards.
Engage in wellness the way YOU want.

Biometrics

Upload your *Physician Results (Biometrics) Form* in Wellworks Portal.
\$400 Savings on Medical Premiums

Preventive Screening Information

Upload a completed preventive screening form (choose one (1) - Medical, Dental, or Vision).
\$400 Savings on Medical Premiums

Spouse (If your spouse is on your medical plan)

Complete a preventive screening form (choose one (1) - Medical, Dental, or Vision).
\$200 Savings on Medical Premiums
Email TMR@schupan.com for submission details

Earn points by completing wellness activities and get entered to win rewards:

Must be logged in on the Wellworks portal.

Examples of ways to earn points:

- Donate blood or volunteer (40 points)
- Participate in a race or take a cooking class (40 points)
- CPR training (30 points)
- Maintain a physical activity log, hydration log, or gratitude log (25 points)
- Participate in a company challenge (30 points)
- Meet with a financial/ 401k advisor (25 points)

Points earned through November 30th will be entered into the drawings.

- Tier 1** - 100 points (10 \$100 drawings)
- Tier 2** - 200 points (10 \$200 drawings)
- Tier 3** - 300 points (10 \$300 drawings)

Potentially win up to \$600 (employees can win up to one time for each tier for which they are eligible).

Know Your Number Risk Assessment (KYN)

Log into Wellworks and complete

e-Learning Series

Log into Wellworks and complete one (1) e-Learning Series

All Full-time Employees Employees in Schupan Medical Plan

