






MY BRUSHING AND READING CHART

Name: _____ Month: _____

2x2+20 
 Brush 2 minutes, 2 times a day + Read 20 minutes a day =
EASY MATH FOR A HEALTHY BODY AND MIND!



Monday

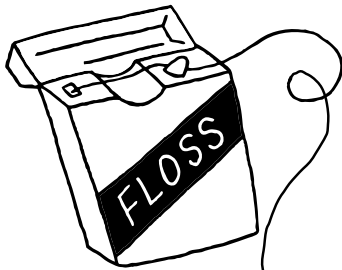
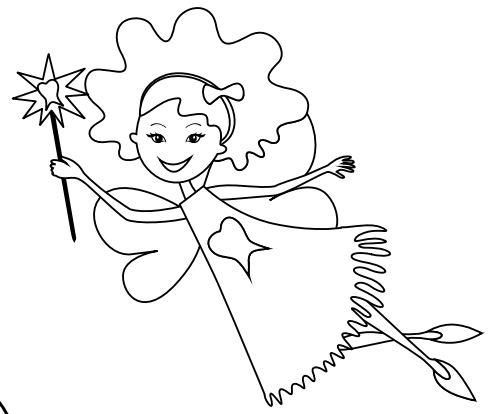
Instructions:
 Brush 2 minutes, 2 times a day and read for 20 minutes a day. After brushing and reading, check off or click that day's tooth and book icons to finish your day!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
  	  	  	  	  	  	  
  	  	  	  	  	  	  
  	  	  	  	  	  	  
  	  	  	  	  	  	  
  	  	  	  	  	  	  

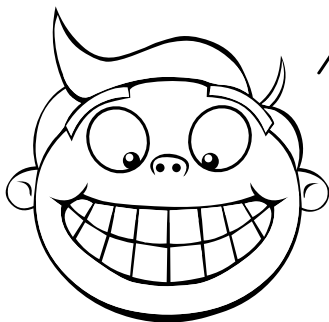
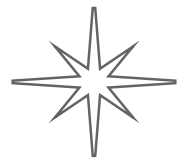
**DELTA DENTAL
 FOUNDATION**

Don't forget to floss every day!

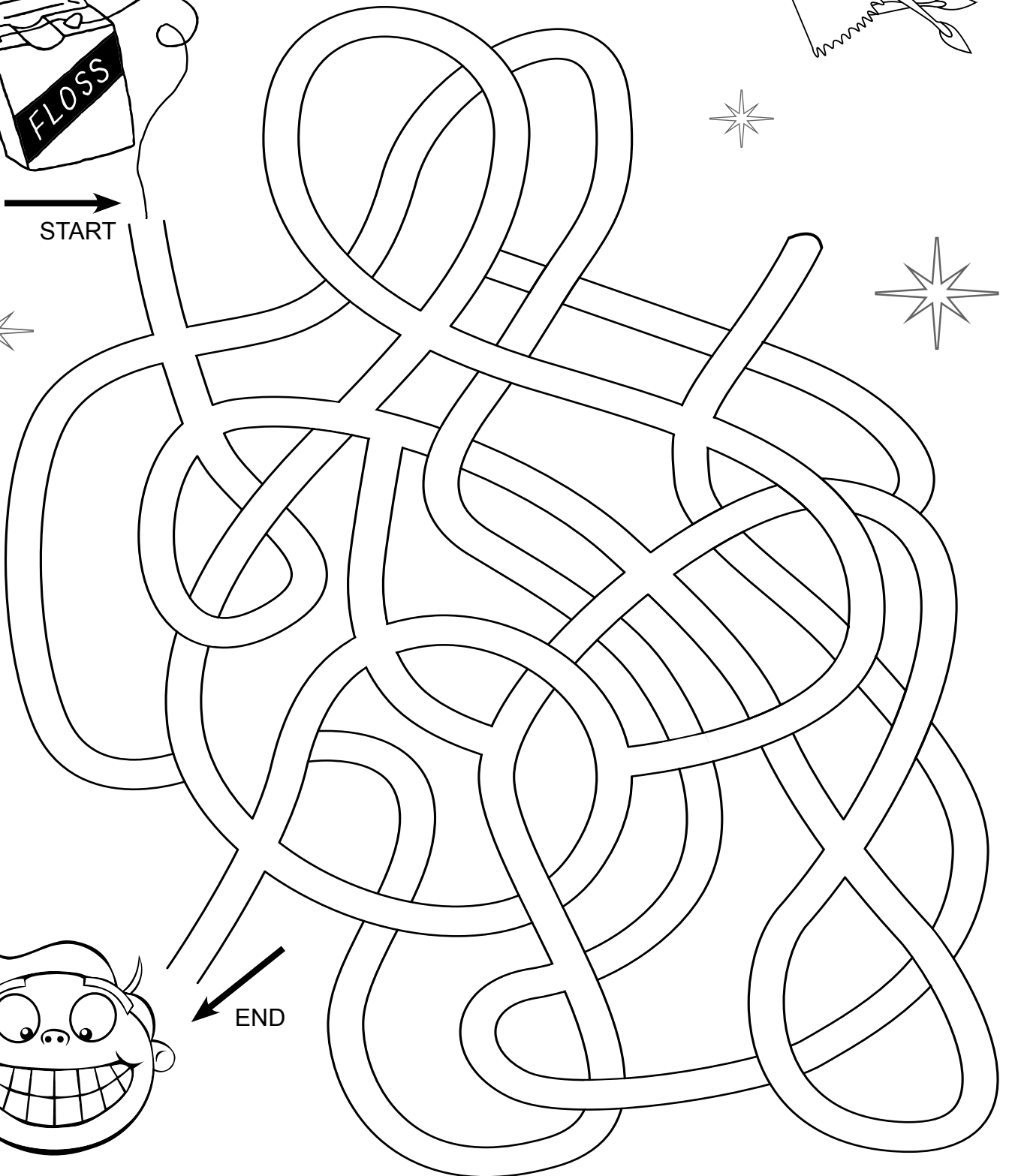
Help the floss get to the boy's teeth.



START

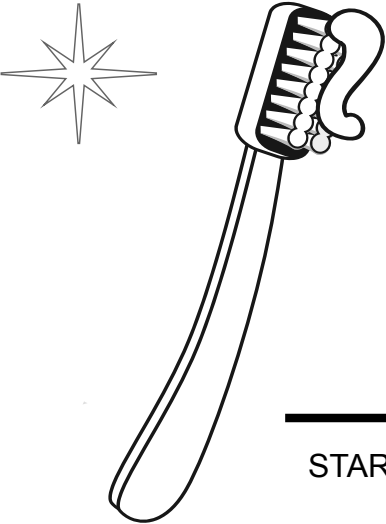
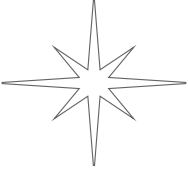


END

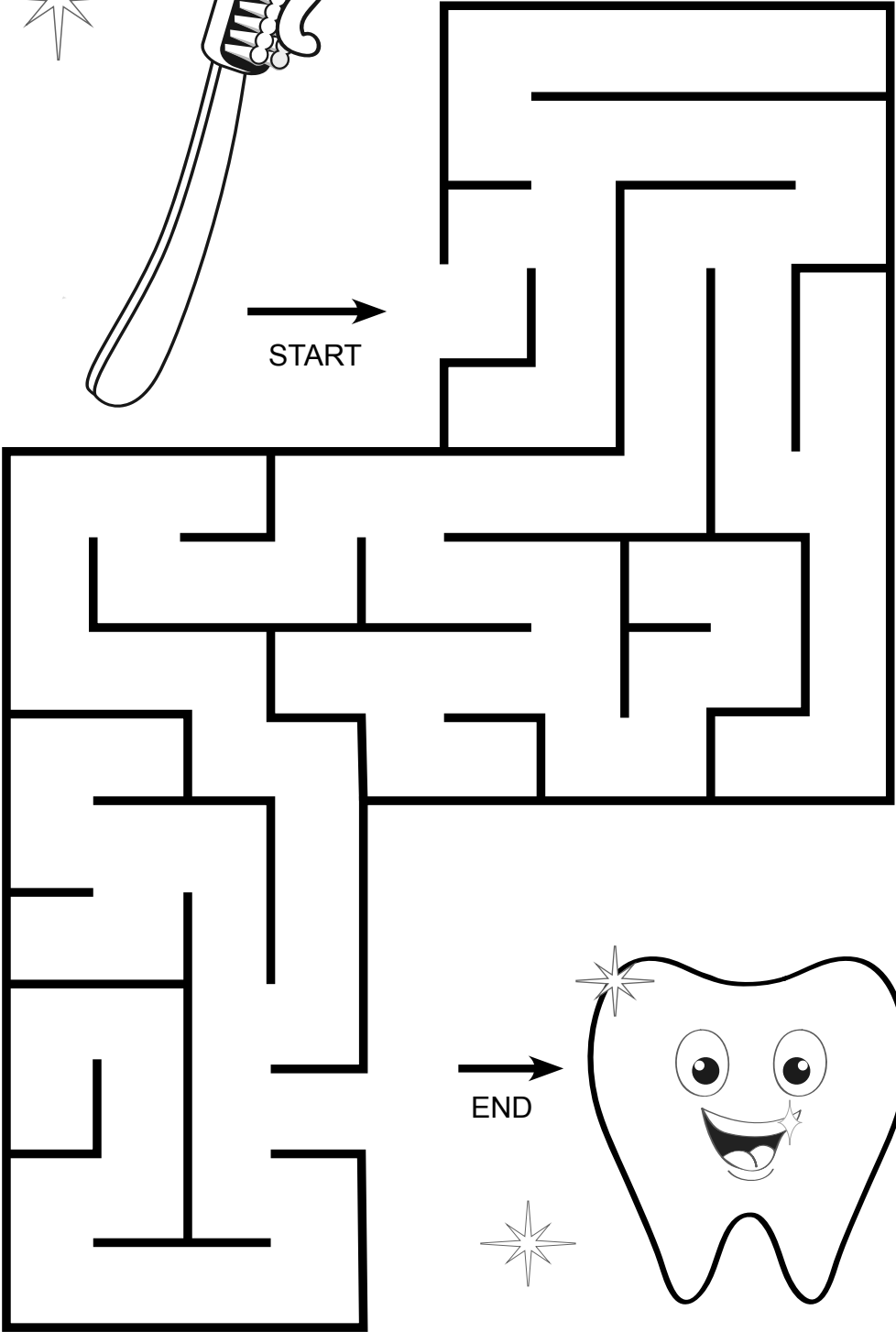


The Tooth Fairy loves shiny clean teeth.

Help the toothbrush find its way to the tooth!



START



END



